

—SPECIAL STUDY OF CONSCIOUSNESS

—DISCUSSION OF WHO CHRIST WAS

EXPLORER (ROMC): ... I sort of just floated up to my platform and got very relaxed, but all of a sudden I saw myself on my platform in a different kind of position. It is like I have some kind of earphones on, like I was connected by a light beam... It looks like some energy earphones... and it is like I had some kind of typewriter, too... sort of a comical sight ... but I just saw myself like I am taking some dictation... This beam that is a connection between an aspect of myself and another energy level, where I...

We receive some dictation... and I can hear some words start. Sometimes I do this automatic typing where I just sit down and take dictation, but it is like.. I see myself typing... and the words are coming as I am typing... I can see... it says... here it is... I always find myself resisting a little bit, but I've got to let the energy flow and let it go. Ok... it is coming in a typing rhythm... and the words are coming like this:

We are speaking through this method as another form of tapping into the consciousness level of this energy being, to help her interpret some of the experiences that have been taking place. We would like to speak on the nature of consciousness and to interpret the experiences which have been happening. It is important to subscribe to this energy, to help clarify the overall purpose of the journeys that are taking place. The learning can take place on many levels through experience, and also through the knowledge that is interpreted through these experiences.

This soul and energy form is being taken through the lessons as a part of her own growth and her own levels of understanding. It is also a method which is helpful in the growth of understanding of others. Therefore, this is why the specific experiences and lessons are done in many different forms, because the learning process is a creative process, and therefore we use all aspects of the creative nature of each soul. Creativity is the very essence of life, and therefore this creativity is a means of bringing through the lessons and experiences, and a form that is not only understandable to this soul but to others.

We speak on the nature of consciousness because this is what has been taking place in the journeys of this energy soul. It is a journey into the various levels of consciousness, and all aspects of the self are in use—the sight, the sound, the touch, and the feel aspects of the physical/time self. But within the deeper levels of the self, there are other dimensions of understanding. This is what was being interpreted on the level of knowing—which is the level which goes outside of time—a level which goes into other dimensions of consciousness.

The time dimension of consciousness is that dimension where all physical senses are at work, and therefore this is why there is a connection between the physical senses when the teachings are taking place, and when the energy self experiences on different levels. It is through the senses and the time dimension that we are able to help the self interpret and understand what takes place because this is the conscious level

of the soul... it is a level in which an interpretation is being made. But from the deeper levels of experience, and a level of knowing, this is a timeless level. It is a difficult task to get through the lessons and experiences, and the knowledge that is tapped into on this level, because it is understood on a different energy vibration. However, we must work now with what we have, and as we proceed we will find other means of communicating on the other levels of consciousness experiences.

We would like to speak of a level of consciousness where the human self exists in the Earth form. It is the physical level of the physical self being in touch with the similar levels of the Earth. And this level of consciousness is that level whereby the soul has the experiences of growth. However, it is also that level whereby the soul has the experiences of questioning the purpose, and doubting, and the level whereby there is not the inner understanding of the higher purpose of experience. The conscious level or the conscious state is that level where the self is taught to understand its own nature. These are also the same levels that exist in the dream state of the individual.

There are several aspects of this conscious level. The conscious level is that level whereby the soul is in touch with his experiences that relate to the physical plane. These are the experiences that are interpreted—even in the dream state—to help the soul to understand the nature of his own experiences and emotional levels. This conscious level is not a conscious level as you know, because it is always in touch with the physical.

Often, many souls are not even aware, or not in touch with their conscious level in the waking state, or in the dream state. Most souls that are not in touch with their own physical attunement on the Earth level are out of balance, because they are not even aware of the energy flows—even in the waking state. These souls are living out of balance because they are not even in control of their own energy that flows through their mental selves and through their emotional selves.

A large part of human nature is in this position, to be not awake to the happenings of the conscious level of existence, which take in their relationship to their physical senses, their physical self, and also to the energy levels of the Earth. Therefore, before a soul is able to tap into the deeper aspects of the self—the knowing aspects that tap into other dimensions—it is extremely important to break through this level of consciousness, to become aware of where the self is, not only in relation to itself but also in relation to its centering point in the universe on this level. As each soul gets in touch with its centering point on each level of consciousness, it then is able to move into another state and another aspect of its own dimensions. But it is important to come into that knowing level, of even the consciousness levels. Therefore, each soul must break through those barriers that would keep it from experiencing its own nature.

It is important for souls to not withdraw from experiences of all types, to be involved in all levels of relationships and all levels of experience on the Earth plane, and to be open to an understanding of

their consciousness. The desire to know the self is a very important aspect of breaking into this first level of human consciousness. That desire to know is the first important aspect. There are many souls who desire not to know, who cut off an understanding of the true nature of the self. And therefore, this fear of knowing will put a barrier, and can lock an energy self into one position during this whole time span of Earth life. However, souls are often forced to have experiences they fear, so this is why on the Earth level many types of experiences have to be set up for the soul to experience more, and break through to other levels... because it is important for them to break through to other levels.

This is where the cycles of the... what is called the death cycles and what are considered tragedies on the Earth level, are actually cycles that humans have to go into in order to break into other levels of consciousness. Some souls, when they experience the breakages of time and experience, the losses of other energy forms around them can open up into an understanding of self through experiences. But there are other souls who go further into locking themselves into a time capsule which means that the emotions are put around the self—the emotions of fear, and very much the emotion of self-protection from inner knowledge.

The emotion of fear comes from that fear of hurt which is the fear of destruction. But the important aspect of growth is to have these protections destroyed around this being, this self, so that the forms that have been built around the self can be destroyed; those emotional

thought-forms that hold the self down. As they are destroyed, the soul is then able to go into the aspects of consciousness where there is the knowing and the understanding and the flowing of energy that is on a timeless level.

There are souls that are living in this understanding and in this higher energy flow—a higher consciousness level—who live on the Earth plane. These are souls that are working on the exchange of energy where they are helping other energy forms in an understanding of their higher selves.

We speak on this because this is the aspect of what we are helping to teach this soul... It is important for this soul to break through those barriers that have been built around... barriers that have been built not only in a lifespan of this lifetime, but often, of many lifetimes. This is the very essence of why a soul steps into the physical body: to be able to break through the time barrier of the consciousness—the Earth's consciousness, the physical consciousness—into that timelessness of knowing, and that timelessness of being in the highest form of energy that is within each pattern of each energy self. This pattern is there within the very nature of consciousness, and within the consciousness of all living forms. And as each soul is able to break through the barriers into an understanding of their own flow and rhythm, and an understanding of their own attunement with the universal patterns, it is then that the great creativity flows—the timeless energies that flow through the soul or the self, the

the timeless knowledge and the timeless experiences that help the soul to grow into the understanding of the purpose of existence.

This has been the basic reason for bringing this soul through the various levels of experience: just to help her break through the barriers of experience. This is a slow process, but it is also a process whereby every soul must operate. Every soul has many factors working at all times; there are many dimensions and patterns that are a part of the inner and the outer natures. As a soul gets into attunement with all of the patterns—but it begins with the inner pattern as it follows into the flow of its inner attunement—there is a breakthrough into many dimensions, and into many patterns of life and of understanding of all knowledge, as all the knowledge that exists within the universe is right within the pattern of every soul, the pattern of every self. There is that polar existence of the highest form of energy, the highest form of light, and also the polar aspect—the other pole—that helps to bring the balance. It is like the Earth with its north and south poles... the magnets that attract and also that help to keep balance.

There is within each soul the polar existence, the higher, the opposites that help to keep balance, and this is why souls come into situations where they operate on energy levels that help to bring them into forms of balance that are normal, and are on a level where the soul is not in control of these methods whereby they are helped to be brought into balanced points. But once a soul is awakened to the knowledge

of its own existence, through the desire to know, to be, and to become, and to come into oneness with all consciousness levels, then there is an ultimate creativity that flows and brings the soul into the timeless level of existence while in the physical body.

MONROE: From your perspective, from the specific viewpoint from which you are speaking, are there any specific messages that might help us at this moment?

EXPLORER/ENERGY-BEING: This specific point is to use the knowledge which you have received, always to put these principles into action, and to put them into use. And by using principles that you receive, they are your guidance; and through that guidance that comes through all the levels, which seems to be a oneness, the principle that seems to come up again and again. Put these always into action in your own life and into the work that you are doing. As these principles are put into action, it is like rolling a ball down a hill—it will go on its own energy. It will work on its own energy levels. This is why we teach these various—these lessons are being taught—that unless they are put into action, there will be a stopping point, and the energy levels of those who know—once you know what you must do, if you know and do not do it, there is more of a destructive blockage in your energy than if you do not know... You must put the principles to work in your own life. And as you put these principles to work, then they become alive and are operating in a very live form.

MONROE: Thus, the more I, myself, personally put them into application, it would be more effective to spread among others, is that true?

EXPLORER/ENERGY-BEING: *That is the devine principle that you are aware of, and that most souls are aware of, but are not operating on. That is the only principle: as we live that which we believe, it becomes a reality. And that is the lesson which the Christ came to teach the Earth, not only to show that way —not to talk about that way, but to live that way. And therefore, as each soul lives that which it truly believes, it will be a shining example for others in more ways than one.*

MONROE: Who was, then, the Christ that came to us?

EXPLORER/ENERGY-BEING: *The Christ was the highest level of consciousness that was released in human form. It was that level of consciousness that is the highest level of energy and light that came into a human body to show the human level that within each self, each form, there is that very highest self, that highest energy self. This Christ consciousness came into the human form to show Man that it is possible for all souls, even in the physical level, to be released into that very highest self; because as souls are released into that highest self, there is no time*

There is no time in consciousness... that highest consciousness within the Earth body or Earth level of consciousness... it does not matter. The only level is that level which exists in timelessness.

This highest light-being, the highest soul of the highest form came to Earth to show the Earth level that there is no separation, that there is only the highest energy level of consciousness, which is that level of love.

The highest form of power is not physical power. The highest form of power is the highest level of love. Therefore, this consciousness, this Christ consciousness that came in the form of a man called Jesus, knew and experienced the highest levels of power—and that is the level of love.

Power is misinterpreted on the physical level, to mean: that which is «acquired», and that which is used to separate one from another, to make one stand out as a stronger ego or a more important self. This is how many souls interpret «power», and they separate themselves from themselves and from others. The Christ consciousness would not accept the Earth interpretation of «power», but lived in the highest level of love at all times, and was in communion with all souls on all levels.

Souls that are out of tune with themselves live in a state of threat because of this very high energy that threatens to invade them and to release them. And this is why Jesus, the physical person, was destroyed: because it was difficult for those who were of a different level of enlightenment to receive this very high power of energy, which seemed to contradict their own natures. Therefore, they turned upon this energy, trying to destroy their own... it was a way of trying

to destroy the threat of being released into knowing and understanding themselves. They killed the physical body of the man called Jesus, which merely released this energy and this knowledge to many others.

Down through the ages, through time, there has been a misinterpretation of this Christ because he has been used in other, different forms of energy, different forms of power. Man has taken the life of this very high love-energy being, this very high self which is the god-head, and has brought him down into his own level of consciousness, and has interpreted his life on his own level, and therefore, has pulled this understanding down into the Earth levels of consciousness in many ways. This is why it is interpreted so differently—the life of this Christ—because each self, each religious order, is on a different level of consciousness, and can only interpret that which it knows and understands. This is why the important truth is that which is understood on the **knowing level, on the living level.**

The Christ consciousness that came to life on Earth is still that pure consciousness, but the interpretations of this consciousness vary a millionfold according to consciousness levels of the Earth, and the consciousness of those time organizations that interpret what they can understand. But as this Christ has been interpreted in the wrong way, that is where many souls get locked into the wrong understandings, because instead of truly tuning in, and knowing, and experiencing that Christ-self within, they lock themselves into interpretations that can hinder them.

The true knowledge, the true understanding, is that which comes from the tuning in, the true self tuning in to the true nature of all other consciousness levels around. And that true nature of Christ still exists on the Earth. That true nature that walked in the physical plane is still of that very highest level, and it is possible for souls to tap into that true nature. But to try to interpret that true nature is a means of destroying and holding down and putting limitations upon this nature.

It is not important for Man to try to interpret with his mind, or to put down what he conceives. It is more important for Man to tune in to his own nature, that knowing level, and then he knows and understands the truth. But, by trying to interpret what he thinks is the truth, it is often limiting. It is often not only limiting the self, but also limiting many others by false concepts.

The Christ came truly to show how to live the truth, and this is the only principle which is the most important in the Earth level. It is to live those truths which you know within your being to be important —to be with that which does not bring separation. The Christ consciousness was separated from nothing. That is why the death of the body was merely a point of release. It was that lesson that the Earth level had to learn: that the Earth continually limits itself by cutting off that which it truly needs to know. And the cutting off of this Christ consciousness was symbolic of how individual souls will cut off and try to kill their own true natures. This is the meaning of the Christ consciousness, as he lived on the Earth.

MONROE: Was this the only instance in which such a consciousness came into the Earth level?

EXPLORER/ENERGY-BEING: *This consciousness lives in all. It is in every soul. But it comes in different forms of enlightenment. The Christ consciousness has come down in many forms during the Earth existence, and this is that consciousness which is released. There are now many levels of the Christ consciousness. We shall say that the Christ consciousness exists in every soul, because the Christ consciousness is that true consciousness, that highest level of consciousness in all matter. It is that very highest form.*

MONROE: But has it appeared, or does it appear, or is it now, or in the past, in another consciousness, just as Jesus was? Has there been other instances such as that?

EXPLORER/ENERGY-BEING: *Yes, as we say, there have been other instances where the Christ consciousness has appeared, but it has been different degrees to which it has been released to the Earth.*

MONROE: Are any of these any that we are familiar with?

EXPLORER/ENERGY-BEING: *There are some that you are familiar with, but there are many that you are not, because, often, the Christ consciousness can appear within the most simple of beings, the most beautiful of souls that live the greatest simplicity and love. But the highest form of the Christ consciousness has come into those who have not received the great world renown and the great world recognition. There have been many souls who have lived upon the Earth and who have been released*

into this higher consciousness... And, because they have, they have not accepted or received the recognition, because the Christ consciousness is the highest form of love, and it is not a form of power and recognition.

This is a very difficult discussion, because to understand the true nature of the Christ consciousness, it is difficult to describe the true meaning of that which is real. To put into words is to limit it by the very nature of putting it into words. This is a form of limiting the true meaning of God, the true meaning of Christ. The way to truly understand is to know and to experience this nature.

MONROE: Yes, I truly understand the difficulty. Is there one now physically alive in the Earth who is of this Christ consciousness?

EXPLORER/ENERGY-BEING: This is the misunderstanding of Man, to think that one soul will return just as the form of Jesus. It is not the way that it is to be understood. The Christ consciousness is alive within all levels of consciousness, and, as it is awakened in each soul, as it is released and awakened, it is that much more released and awakened in the whole universe. This is the misunderstanding that a being, in the form of one such as Jesus, would return.

The message that the Christ, that Jesus came to bring, is that all are the Christ consciousness. Therefore, you are the Christ consciousness, I am the Christ consciousness, this soul (ROMC) is the Christ consciousness—but the Christ consciousness seeking to be

released, seeking to know its own nature. The Christ consciousness is that consciousness which is the highest level of all life. It is that level of complete attunement and knowing.

The misunderstanding is that a being would appear in some way of power. But those who appear upon the Earth and claim to be the Christ consciousness... this is a sign that the souls that seek to be recognized as the great ego, that seek to be recognized and have the energies come to them... this is a sign that energies are in the wrong place. This is a sign that the soul is not released into its highest form of consciousness, because the Christ-self does not seek the recognition, to be set aside and put up into levels of energy where others will send their—to worship and to adore, and to idolize—this is not the purpose for which the Christ consciousness came. The man Jesus came to show an example that all have that same power, that all are a part of that, and therefore, beware of those who come and say that they are the Return of Christ, because they are at the opposite pole of energy. They are the negative poles that are seeking recognition in the wrong ways, and are drawing the energies to them that distract the human energies of people...

As the energies of souls look to another to receive all their knowledge, and to say that another is to be worshipped and adored, that takes the attention away from going within and knowing the truth from within the self. Therefore, no soul is to find the perfect being outside of themselves. There is no such thing as the perfect being outside. The soul that is distracted from going within is going through a waste of energy.

Every self, every soul, is a teacher of another soul. Every soul is a student, and every soul is here to learn and to teach. This is why we say that when you find these souls that are seeking to be recognized, this is what is considered the Anti-Christ, because this is the false energies that distract the humans and take humans away from their real journey of knowing the Christ-self within — knowing that oneness. And the only journey is that journey that each individual must take alone — the experiencing, the knowing, that comes from the inner attunement. And the souls that live on the power of the ego trip have a long way to go in their journeys, because they are limiting themselves to certain levels of consciousness, and therefore, are limiting many others. Any soul that attracts and draws from other souls the energies that they use, for the ego satisfaction, are merely putting themselves... and also hindering the growth of other souls.

The true teacher, the true saviour, so to speak, is the one that teaches souls to tap into themselves, to know the truth from their own being, and not to idolize them and say that they are the God. All souls are the God-self. And as each soul is aware and taps into that higher understanding from within, they are aware from within that there are no levels. There are truly no levels within reality. There is only that knowledge, there is only that understanding, that knowing of the highest form of energy which is that love released.

MONROE: One final question. What about our churches that exist in our Earth today? Where do they fit into this concept?

EXPLORER/ENERGY-BEING: The churches are concepts in themselves that have been created through concepts. They are manifestations of concepts. And, as they have manifested through various levels of consciousness, they have within them elements of the truth, but also, they have limiting factors because they are outer interpretations, and they are limiting because they are working on the physical level. It is where concepts have been taken and have been interpreted on a second level.

Each time a concept is interpreted, it gets further from the truth. It is very difficult to describe this principle, but every religion that exists on the Earth is a conglomeration of many thought-forms that have been put into a larger thought-form. This does not mean, however, that it is the truth in itself; it is not the truth. The only truth is that within the self which is in touch with knowledge, and the knowing, and the realization. Therefore, the institutions that exist are of a second dimension. It is of a different dimension. Therefore, it is further from the truth, because it is an interpretation of the truth; it is not the truth itself. And by its very nature, it can be limiting.

However, souls are attracted to that which they need for their growth. Therefore, they are in a certain level of consciousness where they are attracted to those levels of consciousness on the Earth plane that are similar to their own—to go through patterns, to break through patterns, not only within self, but through these outer patterns as well.

It is important in the growth of the soul to work through certain thought-forms or concepts, and to work through them and release them, and, as this happens, often souls can come closer to the truth. There are often no mistakes. Souls choose to come into certain situations. There are many thousands of different religious beliefs because there are this many different concepts that have been created. But the concept is one step from the truth. But, again, this is on the physical level, and the human self has to go through certain experiences on the physical level and to break through these various thought-forms.

Experiences can happen to help release the soul into its own knowledge. Therefore, the churches themselves are not any different than other thought institutions. The thought-forms go through many, many levels as well. This is why the churches and all institutions go through all levels of life and death.

It is only when the death comes that life truly happens, just as the example of the Christ Jesus who lived. It was only when death came that the self was truly released. And the death of these thought-forms, the death of the churches, show that they are not reality. As the death of these thought-forms come, as many churches go through cycles—all cycles... everything that is... even a thought-form is alive—and therefore, it goes through cycles of growth, and these patterns are all important in the growth of the soul. Therefore, we are saying that they are not the truth in themselves, but they are paths; they are just aspects along the way to the truth...

END OF RECORDING